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BRENNIVIN MARINATED ICELANDIC SALMON



MAKES: 10 Servings



INGREDIENTS

1.5lbs Fresh Salmon, Skin On

6oz Kosher Salt

9oz Sugar

3oz Brennivin

1/20z Crushed Pepper Corns

1tsp Caraway Seeds

2 bunch Dill chopped

1/2 Lemon juice only

INSTRUCTIONS

- Combine salt, sugar caraway seeds and pepper corns in a small bowl to create a dry cure.
- 2. Lay plastic wrap on a cookie sheet pan.
- Sprinkle half amount of the dry cure mix and half of the dill on the plastic covered cookie sheet pan.
- Lay the salmon skin side down on top of it.
- $5.\ \mbox{Sprinkle}$ the rest of the dry cure mix and the dill on top of the solmon.
- 6. Sprinkle the Brennivin and lemon juice on top.
- Wrap the salmon as tight as possible in the plastic wrap so the developing juices cannot escape.
- Place a second cookie sheet on top of the wrapped salmon and place a weight.
- Place the salmon with the weights on top in the fridge for 40 to 48 hours turning the salmon every 12 hours.
- 10. After 40-48 hours, remove salmon from fridge, unwrap, and wash under running water to remove the excess salt/sugar dry cure mix. Pat the salmon dry with paper towels. Thinly slice and serve.



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HALLGERDA LANGBROK KIOTSUPA

Icelandic Lamb Soup

PREPERATION TIME: 1 hr & 30 minutes

> MAKES: 6-8 Servings



INGREDIENTS

- 3.5qt Water
- 1.5lbs Lamb Shoulder cut into 1/2-inch cubes
- 3oz Rolled Oats
- 1 Onion medium size
- 1 lbs Rutabaga or Turnip
- 151bs Carrots peeled and alcad 15 inch
- 1/2 lbs Potatoes peeled and diced 1/2 inch
- 60z Savoy Cabbage stredded
- 1 Thyme Sprig
- 6 Juniper Berries crushed
- Salt and Pepper to raste

INSTRUCTIONS

- Place lamb into a large pot and add water.
- Put on slove and bring slowly to a simmer.
- 3. Skim of the impurities.
- 4. Add oats, salt, onion, thyme and juniper.
- Simmer for about 35 minutes or till the meat is almost tender.
- Add all vegetables, except the cabbage and continue to simmer for 10 to 15 minutes or until the vegetable are tender.
- Add the cabbage and simmer for an additional 10 minutes.
- 8. Season with salt & pepper and serve.





